INTERNATIONAL COLLABORATION AND EXCHANGE

The Center’s Fellowship Program
The China International Center for Chronic Disease Prevention has a strong fellowship program for visiting fellows, scholars, and students to get hands-on experience in international public health. During this summer, the center hosted over 35 staff volunteers from 30 different organizations to strengthen the capacity building of CIC. CIC has established 6 fellowship programs, with over 50 conference reports presented. The fellowship program aimed to review CIC’s achievements in the past five years and discuss the future strategic planning for CIC in the next five years – how to continue this network and our mission of fighting against non-communicable diseases (NCDs). Prof. Fang Kui, Dean of the Council, President of Peking University Health Science Center (PUMCH), spoke highly of the excellent work done by CIC and expressed his support on behalf of PUMCH. “Focusing research on effective prevention of chronic diseases plays a very important role in the climate where people pay great attention to basic medical and biological science,” she said. “It is significant and commendable to engage in population-based interventions and long-term follow-up, under guidance from international experienced experts and collaboration with international and domestic institutions.”

For more information about these events: www.georgeinstitute.org.cn

FELLOWSHIP AND INTERNSHIP OPPORTUNITIES

The China International Center for Chronic Disease Prevention (CIC) received the highlight of the China International Center for Chronic Disease Prevention Governing Council Meeting on October 15, 2013. Alex and Mr. Xuejun YIN, Ms. Jing ZHANG and Ms Cong LI (7th, 8th and 9th from the left) have been working full time teaching English. I had much less time and experience to devote to my projects then. After one year of studying Epidemiology at the University of Illinois, Chicago, I had the opportunity to come back and continue to learn and work here for the summer.” Alex also had the pleasure to work with fantastic colleagues, who have been kind enough to endure my poor Chinese and help me get the most out of my time here. “Alex saw his time with TGI@PUHSC as a most valuable experience and looked forward to continuing his relationship with the Institute in the future.

For more information about these events: www.georgeinstitute.org.cn

CONTACTS

China International Center for Chronic Disease Prevention
The George Institute for Global Health at Peking University Health Science Center
Host Organization:
The George Institute for Global Health at Peking University Health Science Center

International Partners:
Duke University, USA
The George Institute for Global Health, U.K.
University of Sydney, Australia
Chinese Partner Institutions:
Peking University Health Science Center, Beijing
Hebei Provincial Hospital, China
Hubei Medical University, China
The China Medical University, Liaoning
Ningxia Medical University, Ningxia
Jiangsu Jining University, China
Changshu Medical College, China

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China Rural Health Initiative (CRHI) Findings Presented at the American Heart Association

According to a project at CE, China Rural Health Initiative (CRHI) research findings were presented at the 2013 American Heart Association (AHA) Conference, and attracted global attention.

Prof. Lijing YAN, director of CRHI, reported the effect of a simple, low-cost, standardized program delivered by Primary Care Providers (PCP) in cardiovascular disease (CVD) high-risk villages. The results showed that the PCP in-grown improved primary care in cardiovascular health.

Prof. Yangfeng WU, director of TSBPMRC, pointed out that the study findings would certainly be relevant to public health policy making in the future. “Population sodium intake was effectively reduced by our intervention, mainly through increased use of salt substitute. Larger effects could be achieved in rural China by a wholesale switch from salt to salt substitute, with the potential for major public health benefit in this population at high risk of stroke,” said Prof. WU.

New Project on Mental Health Granted by National Institute of Mental Health

The 1-CARE study (“Integrating depression care in acute coronary syndrome patients in low resource hospitals in china”) that aims to explore service models for providing integrated care to patients with both mental illness and CVD in China was recently funded by the US National Institute of Mental Health (NIH). This multi-disciplinary and international study will be led by an existing research platform formed by the China Network for Acute Coronary Syndrome (CNACS) in China and recruiting around 20,000 ACS patients from 15 hospitals across mainland China (Tianjin, Hangzhou, Chengdu, etc.) to assess the effect of a new treatment protocol compared with usual care for ACS in China, and improve the health outcomes.

On Dec 3-6, the project’s First Working Group and Steering Committee Meeting was held at TSBPMRC. Prof. Ruifang GAO, the former president of Chinese Society of Cardiology and former president of University of California Los Angeles; and the president of Chinese Society of Psychiatry and former president of Peking University Institute of Mental Health; and, Prof. James B. Blumenthal, a top scientist in the research area from Duke University, gathered with the working group to refine and finalize the protocol and overcome relevant management problems.

PHILANTHROPY

Support to Two Charities

The Mid-Autumn Festival was the moment for us to get together with our family and express gratitude to our loved ones. This year we decided to donate and convey our love to two medical charities in China:

China California Heart Watch

A voluntary organization run by a group of students at Peking University “Sunshine and Love Free Clinic” targeting the diagnosis and treatment of babies with congenital heart defects and their families and the disadvantaged in Beijing.

China California Heart Watch

A charity led by Prof. Robert DETRANO specifically for the treatment of cardiovascular disease (CVD) in children and their families. The I-CARE study (“Integrating depression care in acute coronary syndrome patients in low resource hospitals in china”) that aims to explore service models for providing integrated care to patients with both mental illness and CVD in China has received major funding from the National Institute of Mental Health; the study’s findings would certainly be relevant to public health policy making in the future. “Population sodium intake was effectively reduced by our intervention, mainly through increased use of salt substitute. Larger effects could be achieved in rural China by a wholesale switch from salt to salt substitute, with the potential for major public health benefit in this population at high risk of stroke,” said Prof. WU.

RESEARCH TRAINING AND CAPACITY BUILDING

Georges Institute for Global Health; Dr. Jacky Ho from University of Saint Joseph, Macau; and Prof. James A. Blumenthal from Duke University Medical Center.

We would very much encourage our students to take part in the seminar program at the University Medical Center.

For those interested in more information or for upcoming events in Beijing Health Research Lecture Series, please visit our website www.georgeinstitute.org.cn
China Rural Health Initiative (CRHI) Findings Presented at the American Heart Association Conference

As the flagship project at CIC, China Rural Health Initiative (CRHI) research findings were presented at the 2013 American Heart Association (AHA) Conference, and attracted global attention. After 2 years of the community-based sodium reduction intervention study, one of the two interventions conducted by CRHI showed significant reduction in sodium intake by 13 mmol in average compared with control villages, among rural residents in northern China. The findings presented at the AHA conference by Dr. Nicole Li and research fellow at TSC-PWHC, drew a significant attention from the audience and media reporters.

Assessor Prof. Lijing YAN, director of CIC, reported the effect of a simple, low-cost, standardized program delivered by Primary Care Providers (PCP) in cardiovascular disease (CVD) high-risk patients. The results clearly showed the FDP in gove improved primary care in cardiovascular health.

Prof. Yangliang WU, director of TSBPHIC, pointed out that the study findings would certainly be relevant to public health policy making in the future. “Population sodium intake was effectively reduced by our intervention, primarily through increased use of salt substitutes. Larger effects could be achieved in rural China by a wholesale switch from salt to salt substitutes, with the potential for major public health benefit in the population at high risk of stroke,” said Prof. WU.

Primary School Students in Changsh City Welcome School Education Steering Committee Members

On Sept 28-29 the Tri Steering Committee (TSC), the research team, and the local researchers of “School-based Education Programme to Reduce Salt Intake in Children and Their Families” gathered at Changsh Medical College, Shandong Province to review the project status and current intervention strategy. During their visit, TSC members had the chance to audit the health education class designed for the intervention and met with children and parents after the classes in two schools. They were impressed so much by the excellent education lectures, as well as the enthusiastic involvement of the children and parents that gave them strong confidence for the success of the study. TSC members also visited a local family to see traditional/northern China cooking methods.

During the 2013 National People’s Congress announced the integration of the former Ministry of Health and National Population and Family Planning Commission into the new National Health and Family Planning Commission of the People’s Republic of China.

The 2013 National People’s Congress announced the integration of the former Ministry of Health and National Population and Family Planning Commission into the new National Health and Family Planning Commission of the People’s Republic of China. The NHPC will set up the Department of Publicity and inform the former Ministry of Health. This multidisciplinary and international study will be built on an existing research platform (namely the Clinical Pathways for Acute Coronary Syndrome) in China studying around 20,000 ACS patients from 104 hospitals across mainland China (including several tertiary and primary hospitals), in order to shift clinical practice from isolated to integrated practice and bring real world changes to China’s mental health care system.

As the director of this new department, Prof. Qun’an MAO, member of China CoE Governing Council and former Ministry of Health and National Population and Family Planning Commission, will lead the new department.

The 2013 National People’s Congress announced the integration of the former Ministry of Health and National Population and Family Planning Commission into the new National Health and Family Planning Commission of the People’s Republic of China. The visiting scholars were expected to complete manuscript writing under the instruction of their international mentors and make contributions to research work at the overseas institution. The aim of the training was to improve the-trained, scientific research skills and facilitate the communications and exchanges between international research organizations and local academic institutions. Dr. Hajim ARAK, Dr. Feng YU, Dr. Wang XIAO, Professor Cheng JIN and Professor Wei HAO, were expected to bring their new knowledge and experience to Chinese scholars working and studying abroad.

Training and Capacity Building

The Beijing Health Research Lecture Series is a joint initiative of TSBPHIC, Peking University Health Centre (PUHSC) and the University of Sydney. The purpose of the program is to bring up-to-date topics, perspectives, knowledge, and practices in the health science, health policy, and healthcare fields to audiences in Beijing.

We were very honored to have Prof. Andrew Wilson, Director of the Menzies Centre for Health Policy at the University of Sydney to be the guest lecturer in October. In his lecture Prof. Wilson discussed systems perspectives on chronic disease prevention.

We emphasized the importance of systems research and understanding the processes of policy decision making and the role of evidence to help frame research questions and results.

George Institute for Global Health. Dr. Jacky Hsia from University of Southern California, Prof. James A. Blumenthal from Duke University Medical Center.

RESEARCH

RESEARCH CONTINUED

PHILANTHROPY

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NATIONAL HEALTH & FAMILY PLANNING COMMISSION NEWS


The 2013 National People’s Congress announced the integration of the former Ministry of Health and National Population and Family Planning Commission into the new National Health and Family Planning Commission of the People’s Republic of China. The new department will be led by Prof. Qun’an MAO, member of China CoE Governing Council and former Ministry of Health and National Population and Family Planning Commission.

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China Rural Health Initiative (CRHI) Findings Presented at the American Heart Association Conference

As the flagship project at CC, China Rural Health Initiative (CRHI) research findings were presented at the 2013 American Heart Association (AHA) Conference, and attracted global attention. A. W. Yang, director of TGI@PUHSC, pointed out that the study findings would certainly be relevant to public health policy making in the future. The population sodium intake was effectively reduced by our intervention primarily through increased use of salt substitute. Larger effects could be achieved in rural China by a wholesale switch from salt to salt substitute, with the potential for major public health benefit in this population at high risk of stroke,” said Prof. WU.

After 2 years of the community-based sodium reduction intervention study, one of the two interventions conducted by CRHI, achieved significant reduction in sodium intake by 13 mmol in average, compared with control villages, among rural residents in northern China. The study findings would certainly be relevant to public health policy making in the future. Population sodium intake was effectively reduced by our intervention primarily through increased use of salt substitute. Larger effects could be achieved in rural China by a wholesale switch from salt to salt substitute, with the potential for major public health benefit in this population at high risk of stroke,” said Prof. WU.

The Mid-Autumn Festival was the moment for us to get together with our family and express gratitude to our loved ones. This year, we hope that by our small donation at this festive time we can help those who are less fortunate in our society.

The 2013 National People’s Congress announced the integration of the former Ministry of Health and National Population and Family Planning Commission (NHFPC) of the People’s Republic of China. The NHFPC set up the Department of Publicity and nominated Mr. MAO as the director of this new department. Mr. MAO attending the CIC Council Meeting

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New Project on Mental Health Granted by National Institute of Mental Health

The I-CARE study (“Integrating depression care in acute coronary syndrome patients in low-resource hospitals in China”) that aims to explore service models for providing integrated care to patients with both mental illnesses and CVDs in China has received major funding from the US National Institute of Mental Health (NIMH). This multi-disciplinary and international study will be built on an existing research platform (namely the Clinical Pathways for Acute Coronary Syndrome) in China studying around 20,000 ACS patients from 10 hospitals across mainland China to TGI@PUHSC, as expected to shift clinical practice from isolated to integrated practice and enable major changes to China’s mental health care system.

Primary School Students in Changzhi City Welcome School EduSalt Training Committee Members

On Sept 28-29, the Trial Steering Committee (TSC), the research team, and the local researchers of “School-based Education Programme to Reduce Salt Intake in Children and Their Families” gathered at Changzhi Medical College, Shanxi Province to review the project status and current intervention strategy.

During their visit, TSC-member had chance to audit the school education class designed for the intervention and meet with children and parents after the classes in two schools. They were impressed so much by the excellent education lecture, as well as the enthusiastic involvement of the children and parents that gave them strong confidence for the success of study. TSC members also visited a local family to see traditional northern China cooking methods.

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Six visiting scholars from the local partners were sponsored by China Coll to attend the 3-month overseas training at TQ Astra, University of Sydney, Imperial College London and Duke University. The visiting scholars were expected to complete manuscript writing under the instruction of their international mentors and make contributions to research work at the overseas institution. The aim of the visiting trip is to improve the trained scientists’ research skills and facilitate the communications and exchanges between international research organizations and local academic institutions. Dr. Harjot WALKAR, Dr. Yue T. Kwan and Dr(as) (Project Coordinator PCs) of the 4-ewe funded grants by UHG, would complete the data analysis and manuscript writing by helping them.

On Dec 3-6, the project’s first Working Group and Steer Committee Meeting was held at TGI@PUHSC. Prof. Rudd of QM, the former president of Chinese Society of Cardiology and former president of Cardiovascular Institute and Tufts Hospital; Prof. Yoiti, the president of Chinese Society of Psychiatry and the former president of Peking University Institute of Mental Health; and, Prof. James BLUMENTHAL, a top scientist in the research area from Duke University, gathered with the working group to refine and finalize the protocol and overcome relevant management problems.


**FELLOWSHIP AND INTERNSHIP OPPORTUNITIES**

The China International Center for Chronic Disease Prevention and World Health Organization, Beijing, have a strong fellowship program for visiting fellows, scholars, and trainees to gain on-hand experience in international public health. During this summer, the center hosted an old acquaintance – Alex EWING from School of Public Health at Imperial College London, United Kingdom. He continued, “At The George Institute, I’ve had the opportunity to implement and manage a public health intervention in a real setting, and gain the kind of real-world experience that led me to choose to pursue this line of work.”

This is Alex’s second internship with CIC. “When I first came, I was working full-time teaching English, but that was two time and experience to devote to my projects then. After one year studying Epidemiology at the University of Illinois, Chicago, I had the opportunity to come back and continue to learn and work here for the summer,” said Alex.

Alex was involved not only in the process evaluation of the SinCard study in Tibet and the protocol for the proposed Electronic Decision Support System (EDSS) Second project for Cardiovascular Disease Management in Lhasa. He also traveled to the west for a field seminars and supervision (Dr. Minyi ZHANG, research field at TGI@PUHSC). “This is exactly the kind of real world experience that led me to choose to pursue this line of work,” said Alex. “I was very lucky to be able to implement and manage a public health intervention in a real setting, and experience the realities of health delivery in a resource setting.”

He continued, “At the George Institute, I’ve had the opportunity to apply the theory that I had acquired at school, and expand the scope of my public health knowledge and experience. I’ve had the pleasure to work with fantastic colleagues, who have been kind enough to endure my poor Chinese and help me get by most of the time.”

Alex also had the chance with TGI@PUHSC as a most valuable experience and interest to continue with his relationship with the institute in the future.

For detailed information on our fellowship and internship opportunities, please visit www.georgeinstitute.org.cn or contact CD-Center@georgeinstitute.org.cn.

**CONTACTS**

Chinese International Center for Chronic Disease Prevention, The George Institute for Global Health at Peking University Health Science Center, Level 18 Tower B, Horizon Tower, No. 6 Zhichun Rd., Haidian District, Beijing, 100088 P.R. China.

T: +86 10 8280 0177;
F: +86 10 8280 0177;
CD-Center@georgeinstitute.org.cn

www.georgeinstitute.org.cn

**FOR MORE INFORMATION ABOUT OUR EVENTS, PLEASE VISIT: www.georgeinstitute.org.cn**
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**FELLOWSHIP AND INTERNSHIP OPPORTUNITIES**

The China International Center for Chronic Disease Prevention has a strong fellowship program for visiting fellows, scholars, and students to get hands-on experience in international public health. During this summer, the center hosted a visiting fellow, Ms. Cong Li. Ms. Li traveled to the site with his fellow intern and his supervisor Dr. Maoyi Tian. “This is exactly the kind of real world experience that led me to choose to study public health. During my time here, I have had the pleasure to work with fantastic colleagues, who have been kind enough to extend their open doors and help me get the most out of my time here,” said Ms. Li.

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For more information about these events: http://www.georgeinstitute.org.cn

CONTACTS

**Chinese Center for Chronic Disease Prevention**

The George Institute for Global Health at Peking University Health Science Center

Address: No. 6, Zhuxi Rd, Haidian District, Beijing, 100198 P.R. China

Tel: (+86) 10 8280 0577

Fax: (+86) 10 8280 0571

Email: CD-Center@georgeinstitute.org.cn

www.georgeinstitute.org.cn

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**INTERNATIONAL COLLABORATION AND EXCHANGE**

The China International Center for Chronic Disease Prevention has strong collaboration with international and domestic institutions. Since its inception in 2009, CIC has now achieved a milestone in its history and led us into the next phase of its development.

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**International Partners**

Duke University, USA

The George Institute for Global Health at Peking University Health Science Center

University of Sydney, Australia

National Health and Family Planning Commission (NHFPC), China

†The University of Illinois, Chicago.

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**Chinese Partner Institutions**

Peking University Health Science Center, Beijing

Hebei Provincial Center for Disease Control and Prevention, Hebei

The China Medical University, Liaoning

Ningxia Medical University, Ningxia

Liaoning Medical University, Liaoning

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**2013 China International Center for Chronic Disease Prevention Governing Council Meeting and Research Forum**

The China International Center for Chronic Disease Prevention (CIC), funded by The National Heart, Lung, and Blood Institute (NHLBI) and World Health Organization (WHO), and the China Ministry of Science and Technology, has in total 18 projects, with over 40 journal publications and over 50 conference reports presented. The council meeting aimed to review CIC’s achievements in the past five years and discuss the future strategic planning for CIC in the next 5 years – how to continue this network and our mission of fighting against non-communicable diseases (NCDs) in China.

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**For more information contact CD-Center@georgeinstitute.org.cn.**